
PENDLE SKI CLUB

Our team has been working hard to ensure the phased re-opening of club sessions in a safe manner for club volunteers, club members and members of the public.

This document sets out the club policies to allow the safe return to the slopes and coaching sessions. It has been developed following the government's "[guidance for people who work in grassroots sport and gym/leisure facilities](#)" and "[guidance for coaching/instructors](#)", Snowsport England guidelines and through consultation with instructors and the Club Committee.

We are constantly monitoring current government guidance and the policies in this document may be changed accordingly. We will of course, keep an open communication with our members, but it is also important that individuals take responsibility for their own health and safety, and that of others.

You are responsible for your own actions and you should adhere to the guidelines set out in the Government's Tiered Restrictions. Lancashire is currently in Tier 3 and this means, on top of our safety measures, you should not travel to the Club from outside of the area, or arrange to meet other households at the Club.

Responsibilities

The Directors, Club Committee and Covid 19 Sub Committee are responsible for the development and implementation of the Pandemic Control procedure in line with statutory requirements.

Instructors and Volunteers are responsible for the implementation of the measures introduced to minimise the risk to other volunteers and customers.

Members and non-members have a responsibility to take reasonable care for their own health and that of others by co-operating fully with procedures put in place.

COVID-19 Symptoms

If you or anyone in your immediate household, or support bubble, are showing any symptoms of COVID-19, **do not** attend any club sessions and seek appropriate medical advice.

If you know any member attending a session has tested positive, displayed symptoms, has been required to self isolate or is the subject of increased Government restrictions inform the duty officer immediately.

Advise the Duty Officer immediately if you notice any Covid-19 symptoms.

Your Health

If you are eligible for an annual flu jab or have any underlying health conditions, Pendle Ski Club would advise that you:

- Only attend if you feel it is safe to do so
- Do not attend if you feel unwell
- Do not allow any other persons, unless they are part of your household or bubble, within 2 metres
- Ensure that you regularly sanitise / wash your hands
- Limit the number of items / surfaces that you touch
- Do not consume food or drink whilst at Pendle Ski Club
- Do not enter the site if you have been advised to self isolate.

Social Distancing

It is vital that a social distance of 2m or more is kept at all times, both in the Clubhouse and on the slopes.

Where appropriate this distance will be marked, however, in unmarked areas we ask that everyone takes responsibility for their own safety and that of others.

Hygiene

We have increased our cleaning and sanitising regime to ensure your safety.

Please regularly use the hand sanitising stations and wash hands.

Do not touch your face, eyes, nose or mouth

Sneeze or cough into a tissue (or your elbow if needed), dispose of tissues into the bin and wash your hands immediately.

Currently masks are not required to be worn in the clubhouse, and we recommend that they are not worn on the slope. However, we will support anyone that wishes to wear a mask. Any person wearing a mask will still be required to maintain a 2m distance from other persons. This will be regularly reviewed.

The Clubhouse

All session participants must enter the Clubhouse upon arrival in order to “check in” and scan the NHS Covid-19 App QR Code. Attendance will be registered in accordance with test and trace protocol. Should there be a confirmed case of COVID-19 at the club, the details of instructors, skiers, parents and volunteers at the same session will be passed to the NHS.

A one way, and queuing, system will be in operation and must be followed at all times - it will be clearly marked. Entry is gained via the “cafe” entrance and exit via the ski fit room.

Upon entering and leaving the hand sanitiser stations must be used.

Participants should arrive completely ready with the exception of ski boots. Adaptations have been made in the ski fit area to allow the changing of footwear. Belongings **must not** be left in the Clubhouse, and therefore

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it is strongly recommended they be kept to a minimum and a waterproof covering be brought so that they may be left outside.

At the end of the session participants should leave immediately, using the same one way system. Entry to the clubhouse must be made through the cafe door, boots changed in a cubicle and exit via the ski fit door. Social distancing must be adhered to at all times.

We ask that toilet breaks are kept to an absolute minimum.

Supervising parents must stay on site at all times. Parents must not enter the Clubhouse during lessons.

The cafe will not be open.

Lessons

The Club will initially operate with main slope sessions for intermediate and advanced participants only. All attendees must be proficient on the main slope and tow. Once open, and after further review, we may be able to bring junior slope lessons online, subject to any changes in Government Guidance and the success of our policies and procedures.

Lessons will consist of a group size of no more than 10 participants to 2 coaches. This will be regularly reviewed and increased, or decreased, subject to government guidance and the success of the current control measures.

All sessions will be mixed age and ability. However, the coaches may choose to split the session into two ability groups to allow for more effective instruction.

Our coaches have been fully inducted in Club policies and have, where appropriate, the full autonomy to refuse access to any participant not deemed to be of the correct ability standard or not adhering to the rules. They will also be working, as far as practicable, in shift patterns to protect your safety and ensure that "cross contamination" is kept to an absolute minimum. We ask, where possible, members to stick to the same weekly lesson for the same reason.

There is a new session timetable for the 20/21 season. Details can be found on our website pendleskiclub.org.

A buffer period between lessons will allow for the sanitisation of equipment and the safe change over of participants.

Equipment

Equipment will be available for hire.

Participants are responsible for sanitising their own equipment.

Equipment must not be shared.

Spare (lost property) gloves will no longer be available for any participant who has forgotten their own. The Club will have a stock of cheap gloves for sale.

We will also have a stock of well priced helmets available for purchase, should you not wish to use a Club one.

First Aid

First Aid will be administered by the coaches.

Initial assessment will be made from a 2m distance, but further help will be given where necessary.

Coaches are all first aid trained and will be provided with full PPE to ensure that first aid takes precedence. They have access to the following PPE

- Gloves
- Mask
- Visor
- Disposable apron

Depending on the situation it may be necessary to suspend or cancel the session

Supervision

Any participants under the age of 18 must be supervised by one parent or guardian whilst skiing - a supervising adult must stay within sight at all times.

Parents and guardians must observe social distancing guidelines at all times.

We ask, in order to assist with social distancing, that further spectating adults do not come to the Club.

Membership & Booking

Due to the substantial decrease in the participant numbers we can accommodate, we will only, initially, be inviting last years members to re-join. We will not be actively seeking new members or non-members until we know we can cope with any additional demand for lessons.

Membership/s must now be purchased online at <https://eola.co/w/950/memberships/products>. Once an Eola account has been created and membership paid for, bookings can be made by signing into <https://eola.co>

Please **do not** come to the Club unless you have made a booking online.

The correct number of membership/s must be purchased first, before the 50% discount will be allocated against session fees.

To purchase a membership you will be required to sign up to an account with Eola. We strongly advise that account holders and booking organisers are aged over 18, as disclaimers will need to be digitally signed on behalf of under 18s

A full guide to the online process has been included with this communication.

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The HSE is the relevant enforcing authority for occupational health and safety legislation and guidance to control public health risks. If a premises is not consistently implementing the measures set out by the Government, it may be subject to enforcement action.

By attending Club sessions you agree to abide by the policies in this document. The Club Committee, or any person given the authority in their absence, reserves the right to ask any member not following these policies to leave the session. Repeat offenders may be refused future entry.

The Club Committee, and any person given the authority in their absence, reserves the right to refuse access should there be obvious, known or suspected symptoms of COVID-19 infection.

The safety of volunteers, members and members of the public is paramount. Please act responsibly.
